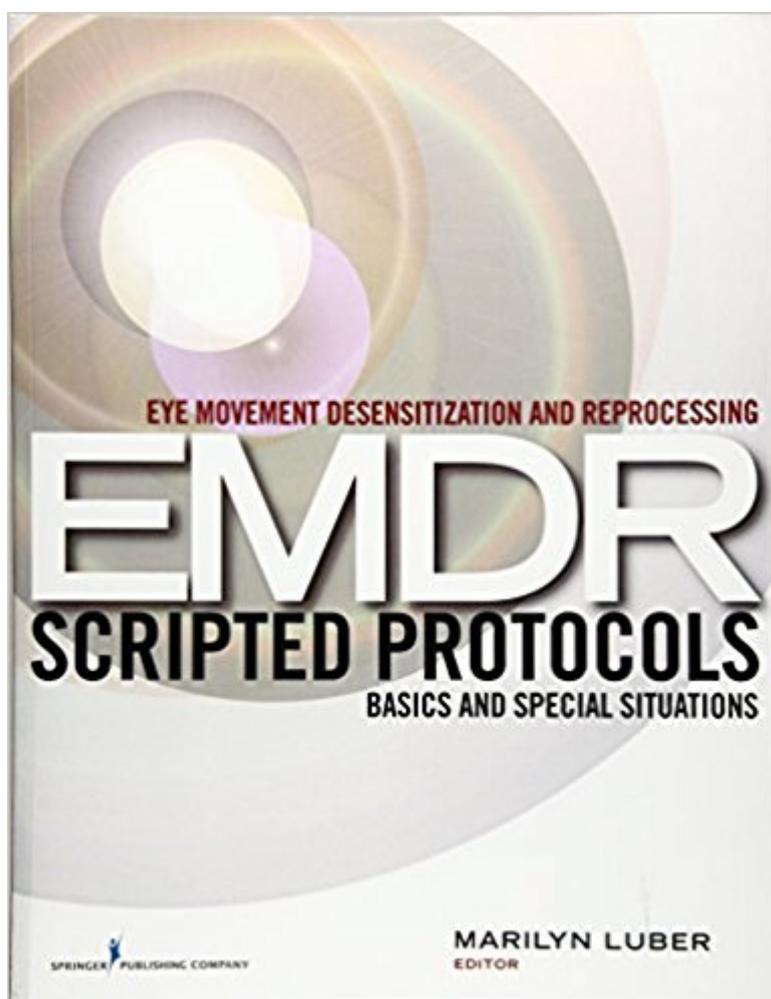


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# Eye Movement Desensitization And Reprocessing (EMDR) Scripted Protocols: Basics And Special Situations



## Synopsis

This excellent book contains many different scripts, applicable to a number of special populations. It takes a practical approach and walks therapists step-by-step through the EMDR therapeutic process. [Readers] will not be disappointed." Score: 93, 4 stars --Doody's Praise from a practicing EMDR therapist and user of Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: "Kudos to...everyone who contributed to this important volume....[It] is an indispensable resource. Thank you, thank you, thank you! --Andrea B. Goldberg, LCSW EMDRIA Certified EMDR Therapist EMDRIA Consultant-in-training Bloomfield and Newark, NJ This book serves as a one-stop resource where therapists can access a wide range of word-for-word scripted protocols for EMDR practice, including the past, present, and future templates. These scripts are conveniently outlined in an easy-to-use, manual style template for therapists, allowing them to have a reliable, consistent form and procedure when using EMDR with clients. The book contains an entire section on the development of resources and on clinician self-care. There is a self-awareness questionnaire to assist clinicians in identifying potential problems that often arise in treatment, allowing for strategies to deal with them. Also included are helpful past memory, current triggers and future template worksheet scripts. Key topics include: Client history taking that will inform the treatment process of patients Resource development to help clients identify and target their problems to regain control when issues appear overwhelming Scripts for the 6 basic EMDR Protocols for traumatic events, current anxieties and behaviors, recent traumatic events, phobias, excessive grief, and illness and somatic disorders Early intervention procedures for man-made and natural catastrophes EMDR and early interventions for groups, including work with children, adolescents, and adults Written workbook format for individual or group EMDR EMDR to enhance performance and positive emotion

## Book Information

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## Customer Reviews

""This excellent book contains many different scripts, applicable to a number of special populations. It takes a practical approach and walks therapists step-by-step through the EMDR therapeutic process. [Readers] will not be disappointed."" Score:93, 4 stars --"Doody's" Praise from a practicing EMDR therapist and user of Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: ""Kudos to...everyone who contributed to this important volume....[It] is an indispensable resource. Thank you, thank you, thank you!"" --Andrea B. Goldberg, LCSWEMDR/IA Certified EMDR Therapist/EMDR/IA Consultant-in-training Bloomfield and Newark, NJ This book serves as a one-stop resource where therapists can access a wide range of word-for-word scripted protocols for EMDR practice, including the past, present, and future templates. These scripts are conveniently outlined in an easy-to-use, manual style template for therapists, allowing them to have a reliable, consistent form and procedure when using EMDR with clients. The book contains an entire section on the development of resources and on clinician self-care. There is a self-awareness questionnaire to assist clinicians in identifying potential problems that often arise in treatment, allowing for strategies to deal with them. Also included are helpful past memory, current triggers and future template worksheet scripts. Key topics include: Client history taking that will inform the treatment process of patients Resource development to help clients identify and target their problems to regain control when issues appear overwhelming Scripts for the 6 basic EMDR Protocols for traumatic events, current anxieties and behaviors, recent traumatic events, phobias, excessive grief, and illness and somatic disorders Early intervention procedures for man-made and natural catastrophes EMDR and early interventions for groups, including work with children, adolescents, and adults Written workbook format for individual or group EMDR EMDR to enhance performance and positive emotion "

Marilyn Luber, PhD, is a licensed clinical psychologist and has a general private practice in Center City, Philadelphia, Pennsylvania. In 1992, Dr. Francine Shapiro trained her in Eye Movement Desensitization and Reprocessing (EMDR). She has coordinated trainings in EMDR-related fields in the greater Philadelphia area since 1997. She teaches Facilitator and Supervisory trainings and

other EMDR-related subjects both nationally and internationally and was on the EMDR Task Force for Dissociative Disorders. She was on the Founding Board of Directors of the EMDR International Association (EMDRIA) and served as the Chairman of the International Committee until June 1999. Among the prestigious honors Dr. Luber has received are the Francine Shapiro EMDR International Award (2005), the Outstanding Contribution EMDRIA Award (2003), and the EMDR HAP Humanitarian Services Award (1987). Dr. Luber is also a member of APA, ISTSS, and ISSTD. In 2014, she was part of the Scientific Committee for the EMDR Europe Edinburgh Conference. Currently, she is a facilitator for the EMDR Global Alliance to support upholding the standard of EMDR worldwide. She has worked as a Primary Consultant for the FBI field division in Philadelphia. Dr. Luber has a general psychology practice, working with adolescents, adults, and couples, especially with Complex Posttraumatic Stress Disorder (C-PTSD), trauma and related issues, and dissociative disorders. She runs Consultation Groups for EMDR practitioners.

Very easy to put special circumstance cases into practical application using this book.

very good

Good info

This book is one of the most important in my EMDR library. Marilyn Luber has accomplished an outstanding feat in providing EMDR protocols. In my opinion this book is a must for all EMDR clinicians and those learning of the many applications of EMDR.

great resource!

I have been an EMDR therapist for over 10 years and this book is a great addition to my collection. There are plenty of new things but the surprise was the "old stuff" - presented in a new fresh way. Very helpful. The layout is user friendly with larger print (thank you). Well done.

A must have for any therapist having completed Level I and II EMDR training. A welcome guide when doing consultation. A great refresher.

Very repetitive but useful.

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